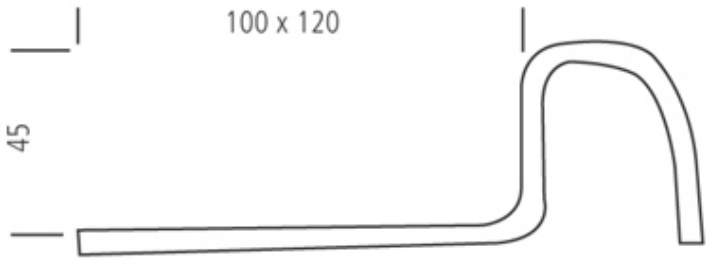BUTÉE À CHEVILLER